



Sports Academy Football Program



The Helensvale State High School Football Academy aims to develop players that are not only technically and tactically proficient, but are good decision making players that have a highly developed knowledge of the game. By having a highly developed knowledge of the game, the flexibilities of the game and the roles and responsibilities of individual positions within the game, players will have the ability to cope at the next level of Football.

While addressing the general health and personal development outcomes of students, the program is focused on specific Football related elements such as fitness principles, injury management and prevention, goal setting, coaching and refereeing accreditation. The fundamental Football skills, identified in Football Federation Australia's 'National Football Curriculum' and targeted in our Academy Program include; striking the ball, an effective first touch, 1v1, and running with the ball. An age appropriate focus on these four core skills during our junior program increases the technical skill development of students within the sport, whilst supporting a progression to game specific skills, decision making abilities and tactics, during the Game Training and Performance Phase for Grades 10 through to 12.

The Helensvale SHS Football Academy aims to further support student athletic development through exposure to competition against other schools in both Football and Futsal tournaments. This has seen us finish as Runners Up in Queensland (Final 8 in Australia) in the coveted Bill Turner competition, win multiple National Futsal Titles and continue to be a dominant force in the South East Queensland Region. Additionally, our inclusion in the Schools' Premier League sets us apart from other schools across the region, providing regular, high level competition for both male and female students throughout the year. Such exposure will see the Helensvale SHS Football Academy graduate described as an intelligent player, who has tactical awareness and insight, high technical ability and game cleverness, game hardness developed through football specific conditioning and a will to win characterised through determination, discipline and perseverance.



If students make it through the first stage of the Application Process they may be invited to attend a trial. Trialling does not guarantee acceptance into the program.

NB. An application fee is attached to this program and must be paid on submission