

Helensvale State High School 2025 Swimming Carnival General Information



- 1) The Swimming Carnival is over 2 days and is a whole of school event in 2025
- 2) Years 7-9 will attend the carnival on Thursday 13th February
- 3) Years 10-12 will attend the carnival on Friday 14th February
- 4) Years 10 - 12 will attend a normal school day on Thursday 13th February
- 5) Years 7 - 9 will attend a normal school day on the Friday 14th February
- 6) Arrival time to class should be as normal, students will go to regular timetabled roll mark classes.
- 7) Students may wear **appropriate** swimwear of their choice. One-piece, modest swimwear is preferred. (Appropriate swimwear may include speedos, one piece, two-piece, board shorts and rash shirts.) Where possible, try to match swimwear to your house colour!
- 8) Students must have shirts and hats on when not racing.
- 9) Students may wear house colours to school, but no coloured hair spray or zinc as per the wishes of the Helensvale pool. These products can affect the water quality at the venue.
- 10) Footwear (e.g., covered shoes) must be worn to and from the pool.**
- 11) Encourage students to leave valuables at home. Bags could be left unattended. The school does not accept responsibility for any such items e.g., phones, air pods etc., that may go missing. Phones as usual are to be left OFF and AWAY for the day prior to the beginning of the day.
- 12) CANTEEN – there is a canteen available however it has minimal snacks and drinks therefore it is advised that students to bring packed lunch**
- 13) WATER – Students should bring 2 x water bottles**
- 14) Students will be walking from the school to the Pool after roll mark and will be walking back from the pool to the school to be ready for collection by the end of the day.
- 15) Students can be dropped off/arrive at School as if it were a normal school day.**
- 16) All students who attend are expected to swim (ideally in 2 events in their age groups). All levels of ability are catered for. This event tries to balance competition (championship and non- championship events (breast, freestyle and back) and fun events (novelty relays, bomb competition, house lap a thon challenge, noodle relay).
- 17) Students will be dismissed from 2:55pm (Thursday) and 1.15pm (Friday) from the school, not the venue.
- 18) Due to the smaller size of Helensvale pool and the numbers of students attending, we kindly ask that parents do not attend the Carnival as there is limited space available.



2025 Swimming Junior Carnival

Schedule



8:40am	Students arrive at classrooms for roll call
8:50am	Students move with teachers to designated areas
9-9:30am	Students depart the school to the Helensvale Pool (Grand Parade)
10am	Carnival starts
2:55pm	Students dismissed from school grounds

Freestyle & Butterfly

10am	Championship 50m HEATS (2013,2012,2011,2010) – Timed event- results based on times
10:40am	Championship 50m Butterfly (2013,2012,2011,2010) – Timed event- results based on times
10.50am	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
11:10am	House Novelty relay (Pool Noodles) & Sea Horse Race – 2 boys and 2 girls from each year group Year 7, Year 8 & Year 9 Race at each end for a relay

Backstroke 50m

11:30am	Championship 50m HEATS (2013,2012,2011,2010) – Timed event-results based on times
12:10am	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
12:30am	HOUSE ‘Lap a thon’ CHALLENGE – 4 minutes to complete as many laps (Year 7s, 8s and 9’s split up)

Breaststroke 50m

12:50pm	Championship 50m HEATS (2013,2012,2011,2010) – Timed event-results based on times
1:30pm	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
1:50pm	HOUSE Relays 8 x 25m Lanes 1 – 7,8,9s (total – 4 boys & 4 girls) – <i>May change dependent on time available</i>
2:20pm	AREA CLEAN UP
2:30pm	Presentation (10 mins)
2:40pm	Walk back to school
2:55pm	Students dismissed from School



2025 Swimming Senior Carnival

Schedule



8:40am	Students arrive at classrooms for roll call
8:50am	Students move to designated areas
9-9:30am	Students depart the school to the Helensvale pool (Grand Parade)
10am	Carnival starts
1:15pm	Students dismissed from school grounds

Freestyle

10am	Championship 50m HEATS (2010,2009,2008,2007) – Timed event- results based on times
10:30am	Championship 50m Butterfly (2010,2009,2008,2007)
10.40am	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
11:00am	House Novelty relay (Pool Noodles) & Sea Horse Race – 2 boys and 2 girls from each year group Year 7, Year 8 & Year 9 Race at each end for a relay

Backstroke 50m

11:30am	Championship 50m HEATS (2010,2009,2008,2007) – Timed event-results based on times
11:50am	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
12:10am	HOUSE ‘Lap a thon’ CHALLENGE – 4 minutes to complete as many laps (Year 7s, 8s and 9’s split up)

Breaststroke 50m

12:20pm	Championship 50m HEATS (2010,2009,2008,2007) – Timed event-results based on times
12:40pm	Non-Championship (Social) HOUSE RACES – 25m Age group order - commence and conclude with age groups – BOYS RACE then GIRLS
12:55pm	Major area clean up
1pm	Presentation (10 mins)
1:10pm	Walk back to school
1:15pm	Students dismissed from School

Helensvale State High School Swimming Carnival

Further Information

Start of day and Transport

- Students are walking to the venue from the school and returning to the school at the end of the normal school day.
- Students should be in class to have their class roll checked by 8.40am

Parent – Parking (for drop off and pick up)

- Drop off and pick up will be at Helensvale State High School as if it were a normal school day

Spectators

- Spectators are not encouraged to attend due to the small size of the venue and its capacity.

Food and Toilets

- **NO CANTEEN for students to purchase lunch, only snacks and soft drinks sold.**
- Students should bring food and at least 2 litres of water
- **NO SCHEDULED LUNCH BREAK** – students manage own food throughout the day. Eat in house bays
- Students must gain permission from their house bay supervisor prior to going to the toilet

Racing and Events

- All **Non-Championship (SOCIAL)** students are expected to participate (ideally 2 events - 25 breast, back and freestyle) – students will be asked to make their way to the marshalling area in the age groups/gender prior to their chosen events.
- All non-championship/social races are 25m. One length of the pool.
- The more races students enter the more house points.
- If swimmers are struggling half way through a race it is OK to hold onto the lane ropes
- You do not need to dive from the blocks – beside the blocks or in the pool is fine
- If you are not confident (tell the teacher at marshalling) and swim in Lane 1 or 8
- House coloured swim caps will be provided for the house finals – you are expected to swim in these

End of Day Process

- **Students are expected to stay for the duration of the event to support their peers. Signing out early is strongly discouraged. Any early sign out will be facilitated through the usual school process, that is, parents/carers contact student hub, message will be sent to pool, students will be accompanied by learning community staff to return to the office for collection. Early sign outs are likely to experience lengthy delays. Again, this is strongly discouraged.**
- Presentations at 2:30pm will acknowledge age group champions & the overall House Champion
- 2:40pm – students travel back to school by foot