



HELENSVALE STATE HIGH
enewsletter

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21 March 2024

**Our School Values –
 I am RESPECTFUL
 I am RESPONSIBLE
 I am RESILIENT**

Click here for more information and to see the event calendar
<https://helensvshs.eq.edu.au/Calendarandnews/Eventscalendar/Pages/Eventscalendar.aspx>

From the Principal

Dear Helensvale State High School Community

It only seemed like yesterday when we were recovering from the Christmas Day weather event and standing at the entrances to the school on the first day reminding students to switch their phones off and put them in their

bags. Now it is nearing the end of our first term and we are completing assessments, going on excursions and participating in NAPLAN. It never ceases to amaze me how much staff and students can achieve in a 10-week period.

Below is some important information for our school leavers, as well as some information on how you can support your child have a safe and positive online experience. The students have done so well adjusting to not having mobile phones during the school day. I challenge our students to stay off their phones for at least 6 hours every day whilst on holiday so we don't lose the positive momentum.

Next Step Survey

The Next Step Year 12 Completers survey opens on 18 March. All Year 12 completers from 2023 are invited to complete this 5-minute survey about what they are doing now in terms of work and/or study. We ask parents,



siblings and friends to encourage our graduates to complete the survey to help our school improve senior programs for future students.

As a thank you, participants have the chance to win one of 5 MacBook Airs. Graduates will receive an invitation by mail and may be contacted by phone. For more information about *Next Step*, visit the link below.

[Click here to visit the Next Step webpage](http://www.qld.gov.au/nextstep)
<http://www.qld.gov.au/nextstep>

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Link and Launch

As a school community, we are always proud of our Year 12 graduates and wish them the best for their future. Whilst many of our students go on to further study, training and employment, some graduates are still uncertain of what their post-secondary school options are and may need additional support to successfully transition to further study, training or work.

The Link and Launch program at our school is designed to help these young people decide what further study, training or employment might be best for them and to assist them in pursuing their chosen pathway.

How the program works

Our Link and Launch Officer here at Helensvale State High School, Elaine Braniff, connects with young people who have completed Year 12 but not yet transitioned to further study, training or work. Elaine can assist young people to navigate the system and consider a range of post-school study, training and work options in line with their individual goals, aspirations, skills and strengths. This program aims to support young people to make independent choices that will equip them to make a successful transition. Some of the options young people may consider through the program include:

- apprenticeships and traineeships
- free TAFE for under 25s
- Skilling Queenslanders for Work programs

- alternative entry to university
- finding employment
- assistance with job searching, resume and interview preparation, on-line job applications
- sourcing federal incentives and participation programs

The graphic features a woman with curly hair wearing sunglasses and a yellow top. The text 'LINK AND LAUNCH' is at the top. Below it, a blue box says 'School may be done, but our support isn't!'. A list of services includes Employment, Education, Training, Funding, and Wellbeing, each with a checkmark. At the bottom, it says 'CALL OR TEXT ELAINE' and '0401 127 905'. On the right, it states 'Link and Launch is a FREE SERVICE available to all Year 12 completers'.

Please get in touch

If you or a young person you know might benefit from this kind of support, please contact Elaine Braniff to start the conversation.

Call or SMS Elaine on: 0401 127 905
Email Elaine on: eban61@eq.edu.au

The graphic has a teal background. At the top, it says 'Phones away for the day' with 'away' in a red bubble. Below is a red speech bubble saying 'Helping your child'. At the bottom, it says 'when things go wrong online' in a teal box.

Phones are now away during the school day. As parents and carers, you play an important active role in helping your children have a safe and positive online experience.

The Phones away for the day website has a number of resources and strategies to help you be proactive in protecting your children online as well as ways you can support them if things do go wrong.

To find out more, visit the link below.

[Click here for more information](#)

As we look forward to the upcoming holiday, I urge

our staff and families to take the time to rejuvenate, spend time with loved ones and most importantly, stay safe.

Yours truly
Karen Lindsay
Executive Principal
Helensvale State High School

SPASE 2.0 Getting Ready for Launch

This year we have another team of 4 students successful in being chosen to work on the SPASE project (STEM Program About Space Exploration) developed by Griffith University.

These students are part of 11 high schools across South-East Queensland that will work with the space industry's brightest to build and launch a satellite into space, as part of a unique educational program, developed by Griffith University.

As part of SPASE, the students will work with Griffith experts in Information and Communications Technology and Advanced Manufacturing, alongside space industry experts Gilmour Space Technologies, Deloitte and Airbus to build and launch a prototype satellite.

This SPASE Mission is designed to give students a real-world - or out of this world - experience, encourage them to take risks, discover how STEM can be exciting and rewarding, and learn about the growing aerospace industry.

The team enjoyed their first event earlier this term, where they found out what section of the satellite was theirs to work on:

Interschool STEM Competition

The Gold Coast Manufacturing Hub brought in a team of guest speakers for the Information Session of the Interschool STEM Competition for 2024. Helensvale SHS hosted this first session, gaining some insight into the competition itself with other schools participating from the northern SE Region

including Flagstone, Tamborine College and Queensland Academies.

They met with industry partners and experts, participated in some STEM activities (which happened to also be a very messy endeavour), and starting brainstorming for the design brief: to build a boat!

Our students are extremely excited to be participating in this year-long challenge and are keen to get started. We'll keep you posted!



Griffith University STEM Ambassador Conference

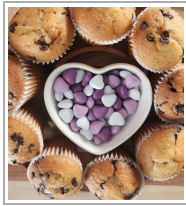
Science on the GO! hosted the STEM Ambassador Conference 2024 at Parliament House in Brisbane. It was an excellent opportunity to our four Ambassador representatives this year: Jamie, Mariya, Sarah and Xixi. They have been tirelessly meeting prior to the conference and beginning the strategic planning of STEM in our school for 2024.

The conference itself provided an opportunity for our Ambassadors to compare and showcase their events and activities that engage students, peers and the school community in science, technology, engineering and mathematics.

Our Ambassadors finished their **Strategic 2024 STEM Action Plan** to bring back to the rest of Ambassadors for implementation this year!

International Women's Day STEM Guest Speaker

March 8th was International Women's Day, where some of our STEM girls joined many staff and students across Queensland for an online breakfast conference. Our guest speaker for the morning was Dr Melanie Finch, who is a structural and metamorphic geologist at James Cook University. Dr Finch's research focuses on understanding where and how critical metals form to better enable their use in energy technologies, such as wind turbines and solar panels.



Honours RAW Challenge 2024!

Our Honours students recently participated in the RAW Challenge, in Numinbah Valley. Working collaboratively in teams, they tackled an impressive array of 40 to 60 obstacles, showcasing not only their physical prowess but also their exceptional teamwork. The event proved to be an outstanding opportunity for team building, fostering camaraderie and mutual support among the students. As they navigated the challenges, our students demonstrated remarkable resilience, digging deep to overcome obstacles both physical and mental. It was indeed a fabulous day filled with triumph and friendship, underscoring the incredible spirit and determination of our Honours students.



Academy Trials 2024

We were delighted to welcome a significant number of students participating in trials across our various Academy Programs during the first round, Term 1. It is truly inspiring to witness the enthusiasm and determination displayed by these students as they eagerly pursue their passions through these trials.

Honours Elevate Sessions

The Honours students welcomed the Elevate team for their study and exam sessions recently.

Year 12: Ace your Exams

Year 11: Study Sensei

Year 10: Student Elevation

For our Honours Parents, there are online webinars each term as well that you can access for free! Miss Moore sends these out each term when they are released from Elevate. Feel free to contact her if you have any questions.

Upcoming STEM Events:

Term 2:

- Do Your :bit Challenge
- Premier's Coding Challenge
- Interschool STEM Competition

Upcoming Honours Events:

- Year 10 & 11 Honours QUT Trip
- Year 10 Honours Bond University Trip
- Year 11 Honours Videos for Change

Football Academy

The Football Academy would love to acknowledge and thank the following organisations for the support.

Crusaders FC (Futsal Club)



Logan Lightning FC (Football Club)



AllSports Physiotherapy: Helensvale & Pimpama (Provides on-site physio to Sport Academy kids)



School-based Apprenticeships and Traineeships (SATs) allow high school students to work for an employer, train towards a recognised qualification, and complete their secondary school studies. They are available across a wide range of industries including business, hospitality, tourism, sport and recreation and the trades. SATs provide students with:

- Qualifications or skills that are recognised Australia-wide, and that can count towards the Queensland Certificate of Education
- Hands-on experience in a workplace
- Paid work
- The chance to also work towards an ATAR score
- Confidence and contacts to move from school to work or further study.

Here at Helensvale SHS students are permitted to sign up for SATS or enrol into external courses at the end Semester 2, Year 10 and onwards.

External Courses:

- All TAFE courses have now commenced, please don't forget to email TAFE and myself if you are away sick - GoldCoast@tafeqld.edu.au. Students please keep in mind if you have too many absences from TAFE you will find it very difficult to pass your course, TAFE do not spend a lot of time in catching you up on missed work. Your QCE relies on you successfully completing your TAFE course.
- If you are wanting to enrol into an external course its not necessarily too late, other training providers run courses all through the semester so please come and see me for further information.
- Don't forget to see me to drop a subject if you are doing an external course or have gained a SAT.

Industry Pathways News

Welcome to a busy Term 1 of 2023. My name is Lisa Bellamy and I am the Industry Liaison Officer for HSHS. I'm looking forward to working closely with those students that are interested in pursuing a vocational pathway.

Students and Parents/Carers, if you ever have any questions please don't hesitate to email me on lbell138@eq.edu.au or call me on 5573 8545.

Below is a snapshot of what the industry Liaison Officer range of services include:

- Help to identify potential apprenticeships, traineeships and work placement opportunities
- Job vacancy emails
- Resumes, Job Applications and Selection Criteria advice
- Interview techniques and tips if required
- Access to our job search facilities
- Provide Work experience opportunities
- Coordinate courses and accredited training
- Personalised ongoing support

Traineeship and Apprenticeship Vacancies:

Vacancies are emailed out fairly regularly, please ask your student to check their emails for correspondence from me. In regards to school based trade apprenticeships, these are harder to come by. I would recommend handing your resume out to employers to introduce yourself. If you have someone that wants to put you on an apprenticeship,

please let me know and I can chase it up for you.

Work Experience:

We are offering Year 10, 11 & 12 students the opportunity to undertake work experience during the 4 x Gold Coast North Interschool Sport competition. Paperwork can be collected from Ms Bellamy in KS10, the dates are: 19/03, 24/04, 13/06 & 23/07



Taster Courses – TAFE (Year 10):

Year 10's have the opportunity to enrol into a 9 week Trade Taster course at TAFE in Term 3. This course will run 1 day per week for 9 weeks and will give the students a great opportunity to get a 'taste' for a particular trade and working closely with the very experienced TAFE teachers. Some Tasters available are Construction, Marine, Kitchen Operations, Salon Operations and Health. Online applications haven't opened as yet but I will email those students who expressed interest once TAFE open the portal.

Gold Coast Careers Festival:

The careers festival is the perfect chance for students from Years 10-12 to discover the many career paths and opportunities available to them. Visit exhibitors from a wide range of employers/institutions to learn more about possible career options. Our school is attending on **Friday 2nd May, leaving school at 11.30am and returning at 2.40pm (no fee)**. Please collect a permission slip from Ms Bellamy in KS10.



Women in Construction – STEM excursion:

In week 4 the Career Pathways team from Construction Skills Queensland invited our STEM female students to tour the Coomera Connector site with the Acciona Georgiou project team. It was quite inspiring for them to talk to women working in a range of roles on the project including Engineers, Environmental Scientists, Human Resource managers etc.

Holiday Programs

Pimpama Youth	
School Holiday Program	
Week 2: 8 th to 12 th April 2024	
Monday, 8 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home
Tuesday, 9 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home
Wednesday, 10 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home
Thursday, 11 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home
Friday, 12 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home

School Holiday Program		Week 1: 1 st to 5 th April 2024
CLOSED DUE TO PUBLIC HOLIDAY		
Monday, 1 st April 2024		
Tuesday, 2 nd April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home 	
Wednesday, 3 rd April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home 	
Thursday, 4 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home 	
Friday, 5 th April 2024	<ul style="list-style-type: none"> 8:30am - 9:00am: Meet at school 9:00am - 10:00am: Breakfast and safety briefing 10:00am - 12:00pm: Field trip to local business 12:00pm - 1:00pm: Lunch and rest 1:00pm - 3:00pm: Hands-on workshop 3:00pm - 4:00pm: Reflection and feedback 4:00pm - 4:30pm: Home 	

UNIFORM SHOP NEWS

Student ID cards can now be used in the Uniform. These can be linked using Flexischools. Please see the link attached for directions on how to load.

[Click here for more information](#)

The following items are now back in stock

- Socks
- Formal Boys Shorts sizes 10 and 12s
- Senior Girl Skirt size 10

End of Term sale is now on! limited stock and sizes available- Don't miss out on these great buys

- AFL shorts \$5.00 each
- Football Shorts \$5.00 each
- ADP Training tops \$10.00
- Netball bummers/nics (great to wear under the senior skirt) \$5.00 each

Netball dresses \$10..00

Opening hours are:

Monday to Thursday 8am - 12pm

Queensland Engagement and Wellbeing Survey

In Term 2, students in Years {add years to be surveyed e.g. 4 to 12} will be asked to take part in the Queensland Engagement and Wellbeing (QEW) Survey.

We know that wellbeing and engagement are important parts of your child's life at school. The QEW Survey is designed to measure how students view their wellbeing and engagement across different topics. The information we get from the survey helps us better understand and support our students.

An information letter will be sent out to parents and carers closer to the time. If you have any questions, please contact the school. More information, including FAQs, can be found on the Education website:

[Click here to view the Wellbeing Survey](#)

Link and Launch



LINK AND LAUNCH

School may be done, but our support isn't!

- Employment
- Education
- Training
- Funding
- Wellbeing

CALL OR TEXT ELAINE
0401 127 905

Link and Launch is a FREE SERVICE available to all Year 12 completers

Cyberbullying Help

What would you do if your child was being cyberbullied?

According to research by the [eSafety Commissioner](#), 1 in 5 young people experience cyberbullying and online abuse and 55% seek help from their parents/carers.

Our free training is available online and has been designed to be completed on a range of internet ready devices, including smart phones.

[Click here to visit the Cyberbullying webpage](https://parentline.com.au/cyberbullying)
<https://parentline.com.au/cyberbullying>

Support Staff

As part of our Learning and Well-being framework, we have created a Well-being Hub for students and parents, which can be accessed through the Helensvale State High School webpage. The hub includes links to other websites and apps which can help to support student well-being, as well as provide information on career pathways. To access these 'well-being hubs' click on the icons below or go to the HSHS website from the link below. scroll down the page and click on the relevant icon.

[Click here for more information](https://helensvaleshs.eq.edu.au/)
<https://helensvaleshs.eq.edu.au/>



Student Well-being Hub



Parent Well-being Hub

Acknowledgment of Country

Helensvale State High School as **one community**, acknowledges the Kombumerri Peoples, the Traditional Custodians of the land on which our school is built. We respect their long history, ancestry and culture. We pay our respects to the Elders, past, present and emerging for they carry the memories and traditions of past times.

We would also like to extend our acknowledgment to other First Nations Peoples: those hailing from the Torres Strait Islands and those belonging to other Aboriginal Language Groups.

We acknowledge the strength and **resilience** of Kombumerri peoples. We **respect** their enduring connection to the local wetlands and the cultural **responsibility** they uphold to preserve wildlife. Together, we go forward, learning in the spirit of these values.